

MERCATO DEL PORTO

simposium

MDP

—III—





allergens

1. gluten 2. shellfish 3. eggs 4. fish 5. peanuts 6. soy 7. milk products 8. nuts
9. celery 10. mustard 11. sesame 12. sulphites 13. molluscs 14. lupins. 15. alcohol

* in the absence of fresh product, frozen product is used.

** fresh product subjected to preventive remediation treatment by freezing

COVER €3,00

ASTICE ROLL brioche bread, lobster**, vegetable julienne, celery leaves and aioli sauce 1.2.3.7.(9).11.	€13,00
MANZO ROLL brioche bread, beef tartare, rocket, beetroot mayo and soy caramelized onion 1.3.7.(10).(6).	€11,00
POTATOES CROQUETTES smoked mackerel** and tuna belly**, passion fruit mayo and paprika kataifi* 1.(3).4.(10).	€7,00 2pieces
SARDINES <i>coppo</i> with beccafico sardines and citrus mayo 1.3.4.8.	€6,00
MARINATED TUNA puffed rice chips, marinated tuna**, soy and orange mayo and wild mustard leaves* 4.6.8.	€12,00
COCONUT AND SHRIMP lukewarm coconut and lemongrass soup, marinated humpback shrimp**, glasswort and sesame seeds 2.(11).	€9,00
GAZPACHO tomato and peach gazpacho, cuttlefish noodles, sea almonds and crunchy lemon bread (1).13.	€8,50
OYSTER N3 oyster, gin Number 3, celery and cucumber granita 13.15.	€5,00 cad
PORK AND SCALLOW spiced pork belly, roasted scallop* and pepper sauce 6.10.13.	€11,00
MANZO BBQ grilled beef skewer, <i>piadina</i> and yogurt sauce (1).6.(7).	€9,00
BEEF CARPACCIO beef carpaccio, veal jus, tuna sauce and pickled mustard seeds 4.7.9.(10).	€9,00
TENERUMI tenerumi cream, baby squid*, burrata and confit tomato 1.(7).13.	€7,00

the symposiarch prescribes the tasting of unusual foods, the recitation of convivial poems, various entertainments, exchange of Platonic ideas and commendation speeches which unfortunately will not end with the appearance of Alcibiades dressed in ribbons and wreaths ready for a praise to Eros.

MAIN COURSE

BLACK TAGLIATELLA

Pastara tagliatella, cuttlefish ragout, raw marinated cuttlefish, salmon and lemon roe

1.(4).13.7.

€16,00

PRAWN TAGLIOLINO

fresh egg pasta, tenerumi cream, marinated prawns*, lime and pink pepper

1.(2).3.

€17,00

HOMEMADE RAVIOLI

creamed cod ravioli*, potatoes cream with thyme and lemon, beetroot

1.3.4.7.

€15,00

BOTTONI RAGUSANI

fresh pasta, stuffed with suckling pig, creamy ricotta, octopus*, glasswort and tomato confit

1.3.7.9.10.13.

€18,00

CROAKER

croaker cooked in plantain leaf, trapanese quinoa, fish and shellfish stock

2.4.

€19,00

TUNA

seared tuna, corn and tahini cream, tomato carpaccio, oregano and orange

4.11.

€22,00

COCKEREL

cockerel low temperature cooked, ginger, lemon and thyme, mashed potatoes and tenerume

7.

€15,00

PORK NECK

suckling pig cooked at 64° C for 64 hours, celeriac and red fruits cream

6.9.10.

€17,00

simpòsio s. m. [from Lat. symposium, gr. συμπόσιον, comp. of σύν «with» and πόσις «drink»
title of a dialogue by Plato in which the banquet is the setting for philosophical discussion
convivial scene, with a dialogic form and the themes dealt with ranging from philosophy to various erudition

FISH COUNTER

*based on daily availability

PAGRO	€6,50 hg
SEA BASS	€6,50 hg
BRILL	€6,50 hg
CUTTLEFISH	€6,50 hg
SQUID	€6,50 hg
RED SHIMP FIRST*	€9,50 hg
PRAWN*	€7,00 hg
OYSTER	€4,00 cad

MEAT COUNTER

*based on weekly availability

PICANHA "Poland" / "Ireland"	€5,50 hg
CUBE ROLL "Portoguese"	€5,50 hg
RIBE STEAK "Poland" 21 nights	€5,50 hg
BEEF FILLET	€6,00 hg
HAMBURGER ANGUS 200GR	€8,00 cad

SIDE DISHES

GRILLED VEGETABLES	€5,00
SAUTEED CHARD	€4,50
MASHED POTATOES	€4,50

symposium

an oratory agon, in which each of the interlocutors, chosen from among the flower of Athenian intellectuals, exposes his theory on Eros (“Love”) with a broad discourse.

DESSERT

BOTTONE CANNOLLO cannolo Bottone, ricotta cream, dark chocolate and mandarin sorbet 1.7.8.	€6,00
ZUPPETTA peaches, sour cherries and spiced pineapple	€6,00
CROSTATINA chocolate, pears and vanilla ice cream 1.3.7.	€7,00
CHEESECAKE MDP red fruits and crunchy almonds (1).(3).(7).(8).	€7,00
TIRAMISÙ pistachio 1.3.8.	€7,00

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MERCATO DEL PORTO *symposium*

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